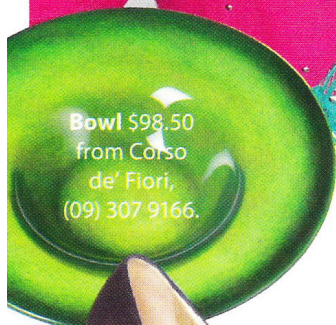


Classically cut suits are Teresa Cattin's favourites.



Bowl \$98.50 from Corso de' Fiori, (09) 307 9166.



Louche dress \$360, loucheclothing.com.



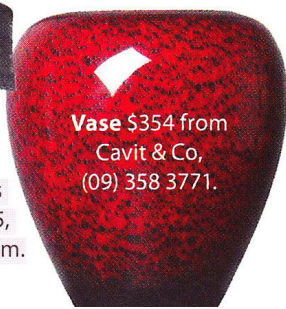
Suit and shoe (above), both POA from Adrienne Winkelmann, adriennewinkelmann.com.



Michael Kors Island Palm Beach fragrance \$170.



Elle Macpherson Intimates bra \$74.95 and brief \$39.95, ellemacphersonintimates.com.



Vase \$354 from Cavitt & Co, (09) 358 3771.



YSL Rouge Pur Couture Lipstick in Le Rouge \$59.

Fluted glass lamp and shade \$1250 from Mid Century Design, (09) 365 1150.

Glass pot \$87 (for a set of three) from Kirkcaldie & Stains, (04) 472 5899.

On the face of it

A beauty doctor reveals her glamour secrets

DR TERESA CATTIN'S work as a cosmetic physician means there's not much she doesn't know about beauty – lips, eyes, cheekbones; she spends her working day studying faces. The president of the New Zealand College of Appearance Medicine, she is one of the country's leading experts in the use of wrinkle fillers and plumpers such as Juvéderm and Botox. The principal in a thriving Auckland practice, Faceworks, she lives in a "modern, contemporary-designed house interspersed with special treasures" in Auckland's eastern suburbs.

What is your usual beauty regime? At the top of the list are lots of water and sleep. I don't have time for a complicated skincare regime – it needs to be very simple to use, and effective.

Describe your personal style. I'm a lover of classically cut clothing. I mainly wear suits to work. I love Adrienne Winkelmann for her beautiful fabrics, great styles and perfect fit.

Would you leave home without make-up? I have been known to leave home without make-up (under duress) but I can say I've never left home without sunblock. It's not negotiable in our climate.

What's the best way to relax at home? I travel a lot so just being at home is relaxing – I love it. Time out usually involves a pinot gris from Central Otago and long chats with the family.

What do you consider a pampering treat? Top of the list would have to be a tiny bit of subtly administered Botox – nothing else comes close for looking naturally "refreshed".

How do you combat ageing? Use good-quality daily sun protection. I use Faceworks Environmental Protector SPF 30+ as it's perfect under make-up.

Faceworks Environmental Protector \$50, faceworks.co.nz.